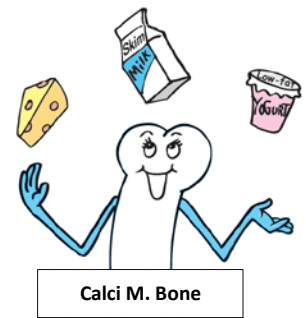


# The School District of Palm Beach County

www.palmbeachschools.org/sfs

## Elementary Lunch Menu February 2012



Calci M. Bone

Parents are encouraged to prepay online for students meals. The link is provided on our website.

Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Daily Offerings</b></p> <p>Monday/Wednesday/Friday PB &amp; J &amp; Cheese Stick</p> <p>Tuesday/Thursday Muffin, Yogurt, &amp; Cheese</p>		<p>1</p> <p>Chicken Fajita Hot Ham &amp; Cheese Sandwich PB &amp; J &amp; Cheese Stick Yellow Rice* Black Beans</p>	<p>2</p> <p>BBQ Pork Platter Hamburger Mini-Mandarin Chicken Salad Muffin Platter Potato Sticks Cole Slaw</p>	<p>3</p> <p><b>"Fresh From the Farm"</b> Teriyaki Chicken w/Rice Pizza PB &amp; J &amp; Cheese Stick <b>Fresh Green Beans</b></p>
<p>6</p> <p>Chicken Parmesan Sandwich Beef Taco Wedges PB &amp; J &amp; Cheese Stick Peas &amp; Carrots</p>	<p>7</p> <p>Traditional or Fiesta Beefaroni w/Breadstick Corndog Muffin Platter California Blend</p>	<p>8</p> <p>Barbecued Chicken w/Roll Stuffed Crust Pizza PB &amp; J &amp; Cheese Stick Sweet Potato Bake</p> <p>February is <b>American Heart Month!</b></p>	<p>9</p> <p>Cuban Pork w/Roll Chicken Patty Sandwich Muffin Platter Black Beans Mixed with Rice* Sliced Sweet Plantains Garden Salad</p>	<p>10</p> <p><b>"Fresh From the Farm"</b> Fiesta Pizza Fish Sticks w/Roll PB &amp; J &amp; Cheese Stick <b>Corn-on-the-Cob</b></p>
<p>13</p> <p>Cheeseburger Hot Dog PB &amp; J &amp; Cheese Stick Baked Beans</p>	<p>14</p> <p><b>Valentine Special</b> Penne Pasta &amp; Meat Sauce or Meatballs w/Breadstick Grilled Cheese Sandwich Muffin Platter Broccoli Garden Salad</p> <p><b>Sweet Heart Italian Ice</b></p>	<p>15</p> <p>Chicken Tenders w/Roll Sloppy Joe Sandwich PB &amp; J &amp; Cheese Stick Sweet Potato Wedges</p>	<p>16</p> <p>Meatloaf w/Roll Gravy Chicken Patty Sandwich Garden Salad Deluxe Muffin Platter Mashed Potatoes</p>	<p>17</p> <p><b>"Fresh From the Farm"</b> Teriyaki Chicken w/Rice Pizza PB &amp; J &amp; Cheese Stick <b>Fresh Green Beans</b></p>
<p>To find nutrition facts about school meals, visit <a href="#">Health-e Living!</a> The link is provided on our website!</p>	<p>21</p> <p>Macaroni &amp; Cheese w/Roll Meatball Sub Muffin Platter Broccoli</p>	<p>22</p> <p>Oven Roast Chicken w/Roll Cheesy Burrito PB &amp; J &amp; Cheese Stick Brown Rice* Spinach with Cheese</p>	<p>23</p> <p>Turkey Roast w/Roll Gravy Chicken Patty Sandwich Muffin Platter Mashed Potatoes Garden Salad</p>	<p>24</p> <p><b>"Fresh From the Farm"</b> Soft Taco Stuffed Crust Pizza PB &amp; J &amp; Cheese Stick Brown Rice* <b>Corn-on-the-Cob</b></p>
<p>27</p> <p>Chicken Nuggets w/Roll Vegetarian Chili w/Corn Chips PB &amp; J &amp; Cheese Stick Brown Rice* Caribbean Blend</p>	<p>28</p> <p><b>FCAT Writes</b> Chicken Patty Sandwich Grilled Cheese Sandwich Muffin Platter Sweet Peas</p>	<p>29</p> <p>Chicken Fajita Hot Ham &amp; Cheese Sandwich PB &amp; J &amp; Cheese Stick Yellow Rice* Black Beans</p>	<p>During the month of February schools will focus on good fats and low-fat dairy as <b>The OrganWise Guys - Foods of the Month!</b></p> <p>Look for them in the school cafeteria.</p>	

For a complete meal, students may select **one entrée** (which may include a **GRAIN/BREAD & MEAT/MEAT ALTERNATE**), **two different FRUIT/VEGETABLES** and a **CHOICE OF MILK**. Each day: a **WHOLE GRAIN BREAD PRODUCT**, (2) **FRESH FRUITS**, (2) **CUPPED FRUITS**, (2) **SALAD CUPS**, **100% FRUIT JUICE**, and a **CHOICE OF MILK** are offered. An asterisk (\*) indicates a **BONUS ITEM**. The **BONUS ITEM** may be selected as an extra bread/grain in addition to the bread/grain that already comes with the main entrée.  
Menu is subject to changes.

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